

Summer Menu

Week Four

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Cereal, Toast Sausage Beans and Black Pudding	Cereal, toast Bacon and Poached Egg	Cereal Toast Scrambled Egg	Cereal Toast Bacon Hash browns and tomatoes	Cereal Toast Bacon and Poached Egg	Cereal Toast Sausage Mushrooms and Tomatoes	Cereal Toast Poached Egg on Toast
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Spaghetti Bolognese Garlic Bread Or Pork Chops Potatoes and Veg	Battered Spam  Or Scampi chips and Peas	Gammon Sage and Onion  Or Sausage Potatoes and seasonal Veg	Liver and Onions Mash and Veg  Or Quiche Beans and Roasties	Deep Fried Cod  Or Poached Cod Chipped potatoes and mushy Peas	Ploughman Lunch  Or Corned Beef Hash and seasonal Veg	Roast Beef  Or Sausages and creamed potatoes and vegetables
Fruit and Cream	Banana Mousse	Jelly and Ice Cream	Ice Cream and Sprinkles	Peaches and cream	Arctic Roll	Fresh Cream Scones
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Fish cake and beans  Sandwich selection  Cherry Muffins	Toasties  Sandwich Selection  Jam and Coconut Sponge	Ham Salad  Sandwich Selection  Lemon Cake	Hot Dog  Sandwich Selection  Coffee and walnut cake	Chicken Nuggets and Beans Sandwich Selection  Ice cream sundae	BLT  Sandwich Selection  Fruit cake	Buffet Tea
<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>
Sandwiches Malt Loaf	Sandwiches Jam /lemon tarts	Sandwiches Cheese crackers	Sandwiches Pate on toast	Sandwiches Eccles cakes	Sandwiches crumpets	Sandwiches Buffet Selection

