



WEEK one



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Cereal, Porridge	Cereal, Porridge	Cereal, Porridge	Cereal, Porridge	Cereal, Porridge	Cereal, Porridge	Cereal, Porridge
Sausage, tomatoe & Toast	Bacon, Tomato Black Pudding & Toast	Scrambled Egg Beans & Toast	Bacon, Tomatoes Hash Browns & Toast	Fried Egg, Beans & Toast	Sausage, Tomatoes & Toast	Scrambled Egg, Toast Mushrooms & Beans
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Ham & Cheese	Roast Chicken	Slice Cornedbeef	Cold Meats	Fried, Poached	Bolagnaise Bake	Roast Beef/Sausage
Pasta Bake OR	OR Gammon	OR Quiche	New Pots Salad or Beans	Fish OR Fish Cakes Chips & Mushy Peas	Or Chicken Parmo	Dinner Potatoes & 3 Veg
Chicken Parmo	Chips, Peas	Roasties & Peas			& Roasties	Yorkshire Pud
Roasties & Salad	& Sweetcorn					
Fruit Cocktail & Cream	Cake & Custard	Manchester Tart	Cherry Crumble & Cream	Upside Down Pinapple Cake & Custard	Fruit Flan & Cream	Trifle
<i>Tea</i>	<i>Tea</i>	<i>Tea</i>	<i>Tea</i>	<i>Tea</i>	<i>Tea</i>	<i>Tea</i>
Panacalty	Fried Egg on Toast	Fish Cake, New Pots & Beans	Sausage, Mash & Gravy	Homemade Soup	Fish Fingers Waffles & Beans	Buffet
Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches
Doughnuts & Cream	Ice Cream & Sauce	Pears & Cream	Trifle	Jelly & Ice Cream	Artic Roll	Cream Scone
<i>Supper</i>	<i>Supper</i>	<i>Supper</i>	<i>Supper</i>	<i>Supper</i>	<i>Supper</i>	<i>Supper</i>
Cheese Scones	Malt Loaf	Paste on Toast	Cheese Crackers	Jaffer Cakes	Apple Pies	Buffet